

Inspiring the first unified generation.

Special  
Olympics  
Virginia



## Global Messenger

# Emily Bower

**Years Involved with Special Olympics:** 4 years

**Hometown:** Richmond

**Sports/Activities:** Plunged in Polar Plunge since 2013, Participated in Color Me Rad in 2013 and 2015, Participated in the 2014 and 2015 Buddy Walk for the Urban Program

**Educational History:** Northstar Academy, Hermitage Technical Center, Douglas S. Freeman HS, J. Sergeant Reynolds Community College

**Employment History:** Special Olympics Virginia since 2012, Part Time Kennel Assistant at Four Paws Pet Resort, Receptionist for Northstar Academy

**Career Goals:** "I want to continue to work for Special Olympics Virginia and educate others about the mission. It is also important to me to help educate people who have faced challenges similar to mine so they realize that they're not alone, and that they can overcome them."

**People Admired:** Eunice Kennedy Shriver

### Why is it important to build a more unified generation?

"A unified generation is important because it will promote social inclusion among people with and without disabilities. People will learn to accept each other for their abilities and not let their differences get in the way."



*"We are all as wondrous as the stars in the sky, and can shine brighter than any flame if we share our light with people around us."*

*Emily Bower  
Global Messenger*



*Pam McClure,  
Mentor*

*Global Messengers are Special Olympics Virginia athletes who help spread the message and vision of the movement as well as the benefits gained by participation in Special Olympics. Global Messengers deliver a powerful message of respect, inclusion, unity and attitudinal change. For more information regarding the Special Olympics Virginia Global Messenger program please contact David Pawlowski at 804-726-3034 or dpawlowski@specialolympicsva.org.*