

Inspiring the first unified generation.

Special
Olympics
Virginia



Global Messenger

Lynette Foeman

Years Involved with Special Olympics: 23 years

Hometown: Nassawadox

Sports: Basketball, Bowling, Tennis, Volleyball, World Games
Competitor in Track and Field in 1995

Educational History: Dover HS, Class of 1990

Employment History: McDonalds in Exmore since 1995.

Career Goals: "I would like to stay with McDonalds as long as I am able. I love my job and the people I work with. I am able to go each day and see customers that I have known for years."

People Admired: "I admire my mother who raised three girls on her own and taught me that I can do anything I want to and not to let my disability stop me from trying. I also admire Etta Robinson and Crystal Smith."

Why is it important to build a more unified generation?

"Individuals with disabilities just want to be treated like everyone else, whether in sports, school, work or everyday life. A more unified generation means that people will look at those that have differences as an equal."



"...we hold these truths to be self evident that all men are created equal."

*Lynette Foeman
Global Messenger*



*Lori Colonna,
Mentor*

Global Messengers are Special Olympics Virginia athletes who help spread the message and vision of the movement as well as the benefits gained by participation in Special Olympics. Global Messengers deliver a powerful message of respect, inclusion, unity and attitudinal change. For more information regarding the Special Olympics Virginia Global Messenger program please contact David Pawlowski at 804-726-3034 or dpawlowski@specialolympicsva.org.